

TREKKING THE HIGHLANDS OF LAOS

Have an adventure from Houeisay on the
Thaiborder into the mountainous and remote areas
in Northern Laos.



12 days / 11 nights

Pakbeng – Oudomxay – Muang La – Ban Kioukhan – Muang Ngoy – Luang Prabang – Vang Vieng – Vientiane

Day 1 Chiang Khong – Pakbeng (L)

Upon arrival at HoueiSay (Laos) from Chiang Khong (Thailand), we embark on our traditional boat cruising downriver on the Mekong. Along the way, we stop over at Ban Houeilampen to visit the Hmong hilltribe people. Overnight in Pakbeng

Day 2 Pakbeng – Oudomxay (B)

Leaving to Pakbeng and venture into the mountainous and remote areas in Northern Laos. We make a few rest stops along the way, which gives you the opportunity to see the ethnic minority groups of Hmong, Khmu, Akha and Taidam. The hill tribe people are unfailingly friendly; welcoming you with waving hands and smiling faces. Overnight in Oudomxay.

Day 3 Oudomxay – Muong La – Muong Ngoy (B)

Our journey to Muong La will lead us through some scenic landscape. Here we have the opportunity to visit Pra Xack Kham Temple with its sacred Buddha image. After our pleasant stop in Muong La, we continue our voyage towards

Muong Khoua and board a traditional boat for a leisurely cruise on the Nam Ou River down to Muong Ngoy, a little village set along the east riverbank with breathtaking sceneries all surrounded by mountains. Overnight in Muong Ngoy.

Day 4 Muong Ngoy – Ban Kioukhan (B,L,D)

We discover the remote and extremely beautiful mountainous region of the north, ideal for anyone seeking an adventurous trekking expedition. We head out of town and begin our trek uphill to the rural village of Ban Kioukhan. We continue to walk through many different villages where we are sure to attract attention from the locals, as visitors do not frequently encounter this remote part of the country. Arrive at Ban Kioukhan by late afternoon. We enjoy a local dinner and will reside at a Ban Kioukhan villager's house, the best way to experience authentic village life. (Home stay).

Day 5 Ban Kioukhan – Muong Ngoy (B,L)

We continue our trekking expedition, using the local trails. Today's trekking may be challenging at times with some steep uphill and down hill climbs, but the experience is unique and rewarding. Then we arrive at Ban Hadsaphaei village, which is situated by the Nam Ou River. We have a

complete change of pace as we embark on a stunning boat trip downriver to Muong Ngoy. Overnight in Muong Ngoy.

Day 6 Muong Ngoy – Luang Prabang (B,L)

Spend half our day trekking, passing through several more hill villages to Pak Ou Cave, which are two linked caves crammed with thousands of gold lacquered Buddha statues of various shapes and sizes left by devoted pilgrims. We continue our trip down to the UNESCO World Heritage City of Luang Prabang. Overnight in Luang Prabang.

Day 7 Luang Prabang – City Tour (B)

Visit to the National Museum (closed Tuesday) at the former Royal Palace. Then visit the impressive stupa of Wat Visoun, the shrine of Wat Aham, the city's oldest temple of Wat Sene and Wat Mai. We visit these sights as well as the magnificent Wat Xiengthong and ascending 329 steps to the top of Mount Phousi for an enjoyable exploration of the sacred, gilded stupa and to enjoy a beautiful sunset view of the city and its glowing reflection on the Mekong River. From there, we explore the Night Market. Overnight in Luang Prabang.

Day 8 Luang Prabang – Vang Vieng (B)

Drive to Vang Vieng. In the afternoon, we arrive in Vang Vieng, a small and tranquil town. We embark on our boat for a relaxing trip on the Nam Song River, exploring the breathtaking mountain landscape and the famous cave of Tham Jang, which was used in the early 19th century in defense against the Chinese invaders. Overnight in Vang Vieng.

Day 9 Vang Vieng – Day trekking (B,L)

Taking a short drive before we setting off on a full day's trek from Ban Phatang village through undulating hillsides and paddy fields. On the way, we visit Tham Hoy Cave and Ban Phathao village, which is home to the Hmong ethnic minorities. After a splendid picnic lunch, we continue walking and exploring the fantastic limestone karsts



formation. The trekking ends when we arrive to Ban Tham Xang in the late afternoon. Overnight in Vang Vieng

Day 10 Vang Vieng – Vientiane (B)

Spend half our day driving to the capital city Vientiane, which is located on the banks of the Mekong River. Check-in hotel for relaxing.

Day 11 Vientiane (B)

Visiting the oldest Wat Sisaket with thousands of miniature Buddha statues and the former royal temple of Wat Prakeo, which previously housed the famous Emerald Buddha Image. Enroute to Lao's national precious heritage, the famous and sacred structure of That Luang Stupa, you will have the opportunity to take some pictures of the imposing Patuxay Monument, which is well known as Vientiane's own Arc de Triumph. Afternoon, have a leisure walking to visit Wat Ong Tue, Wat Inpeng and Wat Haisok. Continuing to the Vientiane Central Market of Talad Sao and Talad Kouadin where various goods are displayed for sale. We return to the Mekong Riverside in the late afternoon for observing the sunset. Overnight in Vientiane.

Day 12 Vientiane – Departure (B)

After breakfast, we will visit the Morning Market and if time permits we will also visit the weaving village of Ban Nong Bouathong. The tour ends after your transfer to airport or for departure.

B: BREAKFAST L: LUNCH D: DINNER

Tour cost included:

- Private air-conditioned vehicle
- Local English speaking guide in each city
- Accommodations on Double/Twin share with daily breakfast
- Meals (excluding drinks) as specified
- Sightseeing fee as specified, on a private basis
- Government tax and services charges
- Complimentary drinking water

Tour cost excluded:

- Visas
- Drinks and personal expenses
- Tips or gratuities
- All airfares
- All types of bank fees for payment
- Other services are not mentioned